Green Seal®

601 13th St NW, 12th Floor 202.872.6400 | greenseal@greenseal.org greenseal.org



Green Seal Position on Titanium Dioxide in Certified Products

What is Titanium Dioxide?

Titanium dioxide (TIO₂) is a common, naturally occurring compound that has been present in in a variety of products since the early 20th century, such as cosmetics, sunscreens, food additives, and paints.¹ In its natural state, TIO₂ is a fine, white powder, making it ideal for use as a whitener or brightener for these and many other products.²

What are the Chemical Risks?

There are three pathways for titanium dioxide to enter the human body; orally via food ingestion or use of dental products, dermally via cosmetics or skincare, and via inhalation in powdered form. The first two pathways – oral and dermal – have not been deemed hazardous to human health. As a result, TIO₂ is a common ingredient as a food additive and cosmetics or sunscreen: TIO₂ has been used as an ingredient in various sunscreens since 1952 and was approved by the FDA for that application in 1999¹. And since 1966, titanium dioxide has been approved by the U.S. Food and Drug Administration as a food-safe additive.³

However, it is the third pathway - when the compound is present as ultrafine particulates that can be easily inhaled – that titanium dioxide is considered to be hazardous to human health. Studies in mice have shown that extended inhalation of TIO₂ can cause an increased risk of lung damage and cancer. ⁴ As a result, the International Agency for Research on Cancer (IARC) classified TIO₂ as a hazard Class 2B carcinogen, or "possible carcinogenic to humans", but only in its particulate form. ⁵ Therefore, several agencies and advocacy groups ^{6,7} restrict titanium dioxide when there is a risk of inhalation, but not when the user is exposed through dermal or oral pathways.

How Does Green Seal Regulate TiO₂ in Certified Products?

- Green Seal currently exempts TiO₂ from its requirements on carcinogens when titanium dioxide is bound within a product and there is not a risk of inhalation.
- If there is a risk of inhalation, especially in ultrafine or nanoscale particulate form when TiO₂ is not well-bound in a product, it will not be allowed in certified products.

Green Seal will ensure there is clear language on this position in all standards at their next major update where it does not currently exist.

¹ Titanium Dioxide in our everyday life: is it safe? https://pmc.ncbi.nlm.nih.gov/articles/PMC3423755/

² Titanium Dioxide. https://www.chemicalsafetyfacts.org/chemicals/titanium-dioxide/

³ Federal Register, Volume 31, Number 18. https://www.govinfo.gov/content/pkg/FR-1966-01-27/pdf/FR-1966-01-27.pdf

⁴ Titanium dioxide nanoparticles induce emphysema-like lung injury in mice. https://faseb.onlinelibrary.wiley.com/doi/10.1096/fj.06-6485fje

⁵ IARC Monographs on the Identification of Carcinogenic Hazards to Humans. https://monographs.iarc.who.int/agents-classified-by-the-jarc/

⁶ California Proposition 65. https://www.p65warnings.ca.gov/fact-sheets/titanium-dioxide-airborne-unbound-particles-respirable-size

⁷ EWG Skin Deep. https://www.ewg.org/skindeep/ingredients/706561-TITANIUM_DIOXIDE/

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Contact Us

If you have questions or comments about this position, Green Seal certification, or the standard development process, please reach out to standards@greenseal.org.

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